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Get Ready for Fall with These Fun Local Activities:

6th Annual Aliso Viejo 'All is Bright' Holiday Celebration & Tree Lighting Ceremony Thursday, November 30th 5-8pm

Enjoy holiday cheer, train rides, ornament making, community and aerial performances, magical snow fall, and a visit from jolly ole St. Nick as we light our 22-foot tree 949-425-2550, recreation@avcity.org

Celebrate the 46th Annual Dana Point Turkey Trot this Thanksgiving Day!

Burn off your pre-Thanksgiving meal calories with a run/walk of a 5K, 10K, 15K Combo, or Kids 1-Mile Gobble Wobble in the beautiful Dana Point Harbor! Registration includes a Commemorative T-Shirt, Medal, Race Bib with Timed Results (Kids Gobble Wobble not timed), and Virtual Goody Bag.

turkey@danapointchamber.com

Rogers Gardens-Christmas Boutique Opening Thursday, October 5th @ 8pm

Experience a festive shopping wonderland at Roger's Gardens Christmas Boutique! Immerse yourself in a world of holiday charm and discover a curated collection of Christmas décor and unique, one-of-a-kind artisan pieces that will capture the essence of the season. Explore the magic of European Christmas traditions, brought to life through our dedicated buyers' annual journeys across the continent. Join us for this highly anticipated, must-see holiday event and bring home enchanting treasures that will make your celebrations truly memorable.

www.rogersgardens.com





ANNIKA GODFREY 949.683.1809 Annika@AnnikaGodfrey.com www.AnnikaGodfrey.com CalRE# 01322358





TABLE OF

CONTENTS













Community Contacts



25211 Empty Saddle Drive, Laguna Hills CA 92653

Phone: (949) 425-1477

Brian Mitchell | General Manager bmitchell@nelliegailranch.org

Dennis C. Moss | Operations Manager dmoss@nelliegailranch.org

Jeff Hinkle | Facilities & Compliance Manager hinkle@nelliegailranch.org

Diane Goodchild | Community Associate goodchild@nelliegailranch.org

Brenda Weber | Financial Transactions Coordinator weber@nelliegailranch.org

Mary Gonzales | Events Coordinator maryg@nelliegailranch.org

David De La Mora | Communications Coordinator ponyexpress@nelliegailranch.org

www.nelliegailranch.org



25281 Empty Saddle Drive, Laguna Hills CA 92653

Phone: (949) 831-6660

Sandy Navarrete | Clubhouse Reception Specialist clubhouse@nelliegailranch.org



25202 Nellie Gail Road, Laguna Hills CA 92653

Office: (949) 425-1477 Cell: (949) 371-1595

Nikki Garcia | Equestrian Center Manager equestrian@nelliegailranch.org

Equestrian Center EMERGENCY: (949) 371-1595

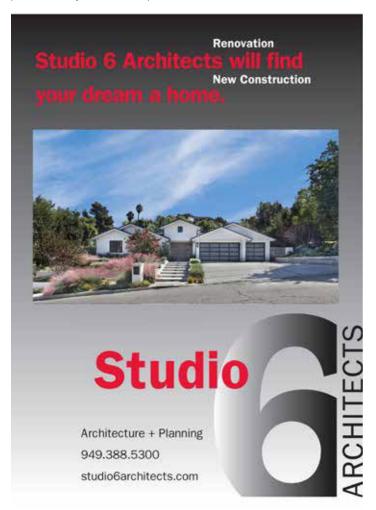
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The *Pony Express* publishes articles that are relevant to the community or are directly related to property maintenance and community activities in NGROA and are in support of the Association's purpose to preserve property values within the community. The Editor reserves the right to refuse, edit or modify any submitted material and the editor's decision is final. Submissions selected for publication by the Editor may be edited according to the space limitations of each specific issue. Publisher cannot be held responsible for copyright breaches arising from any materials supplied by a third party. NGROA Board of Directors and employees are not responsible for any errors, inaccuracies or claims in articles or advertisements printed herein. Any opinions stated herein are solely those of the individual authors and do not necessarily reflect the opinions of NGROA or its representatives.

NOTE: When community events take place, photographers may be present to take photos that may be used in this publication.



Important Numbers

(949) 425-1477 Association Office (949) 831-6660 Nellie Gail Ranch Tennis and Swim Club (949) 371-1595 Nellie Gail Ranch Equestrian Center (949) 533-0241 Equestrian Center (Emergency) Sunset Landscape (Irrigation Leaks) (800) 696-0678 (877) 728-0446 CR&R (Trash Pickup) Moulton Niguel Water District (949) 831-2500 (800) 411-7343 SDG&E

(800) 427-2200 Southern California Gas Company (949) 470-3045 Animal Control (Mission Viejo Shelter)

County of Orange

911 Emergencies

211 County Service Information

(949) 770-6011 Sheriff's Dispatch - Non Emergency

(949) 707-2600 City of Laguna Hills

(949) 707-2650 Laguna Hills City - Weed Abatement

(800) 611-7343 SDG&E Emergencies/Outages

(714) 573-6000 Fire Authority(714) 971-2421 Vector Control

Assessment Remittance Address

Please remit all assessments to: P.O. Box, 30354, Tampa, FL 33630-3354 or drop off at the Association Office.



Mission Statement

To take all reasonable and necessary steps to preserve and improve the unique value of living in Nellie Gail Ranch and to enhance the overall sense of community.

Board of Directors Meetings

The next Open Session Board Meeting and Open Homeowner Forum is scheduled for **October 17**, **2023** and will be held at the Association Clubhouse.

Executive Session starts at - 6:00 pm and Open Session - 7:30 pm

The agenda will be posted in the Association Office and on the NGR website on the Friday prior to the meeting, or you may contact the Association Office to obtain agenda information. All homeowners are welcomed and encouraged to attend the meetings.

Architectural Review Committee

Architectural Review Committee meetings are generally held the second Tuesday of each month at 6:00 pm. Completed applications must be submitted to the Association Office at least 10 business days prior to the ARC meeting. Please check the calendar in each issue of the Pony Express for exact submittal deadlines and ARC meeting dates.

Association Committees

The Nellie Gail Ranch Owners Association has several committees comprised of Homeowners that provide support to the Board of Directors on selected Community topics. For more information or to join any of our Committees, please contact the Association Office at (949) 425-1477.

Architectural Review Committee

Emergency Preparedness Committee

Equestrian Committee

Events Committee

Landscape Committee

Security Committee

Trails and Safety Committee

Committe to Evaluate Feasibility of Gating

The Landscape Committee is seeking additional members. E-Mail **admin@nelliegailranch.org** for an application

Managers Message

OCTOBER IS A MONTH OF TRANSITIONS

By Brian Mitchell



Summer is behind us and the Fall Season ahead. We are gearing up for Halloween and Thanksgiving and yet it is still too early to mention by name that big December holiday.

This October we congratulate our Tennis and Pickleball Director Rogan Egerton on his first year of service to Nellie Gail Ranch Tennis and Pickleball Club Members. He has done a great job of growing our programs and his enthusiasm is a welcome part of our Tennis and Pickleball culture of competitive fun.



We also congratulate Bob Hochstadter on his first year of retirement after turning the reins over to Rogan. Bob and our Tennis Center Members had a lot to cheer about in September. Bob attended the US Open to watch nineteen year old Alex Michelson play and win his first US Open match before losing in the round of 64.



Alex and his parents Erik and Sondra were long-time members of the Nellie Gail Ranch Tennis Club and we had the privilege of watching Alex transition from a talented boy into the world class player he has become. Ranked 601st at the beginning of the year Alex has moved up to 117th and he is on his way into a great future.

Alex joins the ranks of other Nellie Gail Ranch Tennis, Pickleball and Swim Club Members who have gone on to have exceptional sports careers. Swim Center Member Anicka Delgado competed in the 2020 Tokyo Olympics in the 50 m and 100 m freestyle. She is currently competing at USC.

Competing (and winning) on the Pickleball Procircuit we have Mary and Maggie Brascia.

Sahil Morey, a five star tennis recruit ranked in the top 100 in the country received a 4-year scholarship to attend Georgetown University in Washington DC. He is currently in his Freshman year.

NELLIE GAIL S.M.A.R.T

SOLAR MILESTONE AT THE ASSOCIATION CLUBHOUSE

At 10 years and 9 months of operation, the Association Clubhouse solar array energy savings have offset the installation cost. In late 2011 the Board of Directors undertook a 1 year project to evaluate opportunities to install solar panels on the Association Clubhouse. The system became operational with 110 panels December 2012 at an after rebate cost of \$120,700.

We have produced 405 MWh of power December 2012 through August 2023 offsetting 19% of our overall energy use. With rates climbing to the current average of \$0.55 per KwH we are looking forward to years of savings ahead. Thank you to the Board of Directors of 2011-12 for their strategic long range planning.







Sunday, OCT. 29th | 11am-1pm

Nellie Gail Ranch Equestrian Center

Contestants must RSVP by 10/21/23 to enter (single rider or group costumes)

FREE ADMISSION! | FUN ACTIVITES | PRIZES | KONA ICE TRUCK!

There will be a separate costume contest for spectators, too! Be creative!









ATTENTION EQUESTRIAN RESIDENTS:

We invite you to ride your horses down to the Equestrian Center to participate in the contest.

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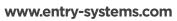
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MINUTES & ARCHITECTURAL REVIEWS

AUGUST 15, 2023 MINUTES AND SEPTEMBER ARCHITECTURAL REVIEWS AVAILABLE ON-LINE

As part of our ongoing efforts to enhance convenience and save space, the Minutes and Architectural Review results will be accessible online for your convenience. You can easily view them by scanning the QR codes provided below:

The Minutes QR Code



Architectural Review QR Code



By utilizing these QR codes, you can conveniently access the information and view both reports online. We believe that this digital approach will streamline the process and help save space within the Pony Express while also contributing to the preservation of our environment.

Thank you for embracing this digital initiative, and we hope that it contributes to a more efficient and ecofriendly way of accessing important information. Should you have any questions or encounter any issues while using the QR codes, please feel free to reach out to us.

To receive your 2023-2024 budget and other important information by e-mail instead of printed mailed copy please complete this authorization via the QR Code below...

COMMUNITY NEWS

Short Term Rental Enforcement

The City Council adopted Ordinance No. 2023-2 explicitly prohibiting short term rentals throughout the City on April 25, 2023. A grace period the city granted after ordinance adoption has expired. The following is a link to the cities website which includes text of the ordinance and enforcement information: https://www.lagunahillsca.gov/551/Short-Term-Rentals-STRs

The following are FAQ's on the City of Laguna Hills website page:

What is a short-term rental?

An STR is the rental of a residential dwelling or a portion thereof for a period of 30 consecutive days or less. (The City's Municipal Code definition for STR is provided on the webpage.)

Are there any exemptions to the ordinance?

No, there are no exemptions to the STR ordinance.

What are the penalties that could be applied to operating a short term rental?

Once an STR violation is verified, the City may issue fines of \$1,000 for each offense.

How do I report a property I believe is being used as a short term rental?

Report a property by accessing the City's Request Tracker, available 24 hours a day, at this link: https://www.lagunahillsca.gov/requesttracker.aspx) or you may contact the Code Enforcement Division Directly: Brad Carrington, Code Enforcement Officer, 949-707-2663 or bcarrington@lagunahillsCA.gov.



SWIM NEWS

PROTECTING PRECIOUS LIVES: THE VITAL ROLE OF POOL FENCING IN HOME POOL SAFETY

Swimming pools bring joy, relaxation, and recreation to our homes. They are hubs of fun and a respite from the summer heat. However, it is essential to remember that pools can also pose a significant safety risk, particularly when it comes to children. Each year, tragic accidents occur due to inadequate pool safety measures. In this article, we will explore the importance of pool safety at home and how fencing can serve as a crucial safeguard against potential disasters.

The Gravity of Pool Safety at Home:

The statistics are stark and sobering: drowning is one of the leading causes of unintentional death in children under the age of five. For every child who dies from drowning, many more suffer non-fatal injuries that can lead to severe neurological consequences. These accidents can happen quickly and silently, catching both parents and caregivers off guard.

The Power of Pool Fencing:

Installing a pool fence is one of the most effective ways to prevent drownings and ensure pool safety. Here's how pool fencing can be a lifesaver:

Physical Barrier:

A well-constructed pool fence creates a physical barrier that restricts access to the pool area. This barrier is especially critical for young children who are naturally curious and may wander towards the pool without supervision.

Deterrence:

Pool fences act as a deterrent, making it more challenging for children to reach the pool unsupervised. The presence of a fence serves as a constant reminder of the potential danger.

Peace of Mind:

For parents and caregivers, a pool fence provides peace of mind. It offers a layer of protection, reducing the risk of accidents even when adults are present but momentarily distracted.

Legal Requirement:

In many regions, pool fencing is not just a suggestion but a legal requirement. Complying with these regulations

not only ensures the safety of your loved ones but also prevents potential legal issues.

Customization: Pool fences come in various designs and materials, allowing homeowners to choose options that blend seamlessly with their landscape while providing the necessary safety.

Accessibility Control: Properly installed pool fences often have secure access points that can be locked when the pool is not in use, adding an extra layer of security.

Choosing the Right Pool Fence:

When considering pool fencing, it is essential to choose one that meets local safety standards and regulations. Here are some factors to consider:

Height:

Pool fences should be at least 4 feet high to deter climbing.

Spacing:

Gaps between fence components should be small enough to prevent a child from squeezing through.

Gates:

Install self-closing and self-latching gates with locks that are out of a child's reach.

Visibility:

Opt for a fence design that provides clear visibility of the pool area to monitor activities inside.

Your home pool should be a source of joy, not sorrow. By prioritizing pool safety and investing in a well-designed pool fence, you can create a secure environment for your family and guests. Remember, pool safety is a shared responsibility, and it starts with preventive measures like pool fencing. Together, we can protect precious lives and ensure that our pools remain places of fun. relaxation, and cherished memories.





Registration: Ongoing

Price includes:

- Swim practice at Nellie Gail Ranch
- Workouts Monday Thursday
- 45 minute practice
- Includes Evolution Racing Club & USA Swimming registrations.
- Swim cap & Team t-shirt

REGISTER TODAY!

Year-round

Evolution Racing Club is the official swim club of Evolution Swim Academy. We offers swim groups for swimmers that have a working knowledge of the four major swim strokes.

Price includes:

- Swim practice at Nellie Gail Ranch
- Workouts Monday Thursday
- 60 minute practice
- Swim cap & Team t-shirt

REGISTER TODAY!



www.evolutionswim.com | 949.388.4545



MONTHLY MEMBERSHIP FEES

Nellie Gail Ranch's facilities include 10 lighted tennis courts, 8 lighted pickleball courts (open play only), junior Olympic heated lap pool, zero-depth wading pool with water feature, large in-ground spa, and use of the clubhouse amenities, patio seating, and shower facilities. The club offers (for additional fees) private lessons by certified tennis and pickleball professionals and swim instructors, ball machine rental, racket repairs, restringing services, and camps/clinics.

Members enjoy special member-only events and tournaments as well as daily access to the association clubhouse and The Watering Hole bar and restaurant with free Wi-Fi service.

For more information about the facilities, go to our website at nelliegailranch.org.

CLUB HOURS: MON-FRI SAT-SUN

Tennis Courts
Swimming Pool
Pickleball Courts

6am - 10pm 6am - 7:30pm 6am - 10pm 6am - 7:30pm 9am - 8pm 9am - 7:30pm

Tennis - Swim - Pickleball

(Fees effective April 1, 2023)

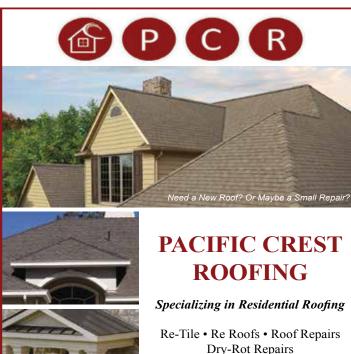
Nellie Gail Ranch Membership	HOMEOWNER Monthly Fees	NON-OWNER Monthly Fees	
Family Tennis	\$127	\$158	
Single Tennis	\$107	\$130	
Junior Tennis	\$58	\$65	
Family Swim	FREE	\$75	
Single Swim	FREE	\$55	
Family - Tennis & Swim	n/a	\$190	
Single - Tennis & Swim	n/a	\$166	
Swim Member Guest Fee*	\$3	\$3	
Tennis Member Guest Fee*	\$10	\$10	
Family Pickleball**	\$70	\$100	
Couples Pickleball**	\$50	\$75	
Single Pickleball**	\$35	\$50	
Pickleball Member Guest Fee*	\$10	\$10	

^{*} Member must be present with Guest.

NOTE: Tennis Club Membership <u>includes</u> use of Pickleball Courts.

** Tennis and Pickleball courts are available to Nellie Gail Ranch homeowners from 11:30am to 3pm with no additional club membership.





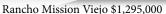
JAY GIOIA, OWNER 949-916-5393

Termite Damage Repairs

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Proud to be a Nellie Gail Homeowner for 39 years! No broker residing here has sold more Nellie Gail Homes.







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Nellie Gail Ranch \$3,238,000

THERE IS A CHANGE IN THE AIR !!! IS IT TIME TO SELL ???

If you have been considering selling your home, now may be the best time in many years. And it may be the best time for several years to come. The inventory of homes for sale is exceptionally low, and buyer demand remains high. Despite the doubling of interest rates, prices are holding strong for now. Please give me a call to discuss the details of moving up to a new home, or downsizing if the time is right for that lifestyle change.



Marty Samuel (949) 643-1321



DRE #00452321

Want to stay updated on all Nellie Gail listing & sales activity? Email me for a free personalized MLS Portal: marty@martysamuel.com

Nellie Gail sales based on MLS data since Oct 1989

EQUESTRIAN CENTER NEWS

COMPETITION NEWS

In a thrilling display of equestrian talent and dedication, we congratulate both the winners and participants of the recent competition. Canterbrook Prince Charming captured the 1st place and earned the well-deserved title of reserve champion in the small pony Hunters category, showcasing the elegance and precision that define this sport.



Another remarkable achievement came from Chrysolite Fonroy and Lauren Katzenellenbogen, who clinched the 1st place and Champion honors in the highly competitive 1.40m Jr/Am jumpers event, a testament to their skill and teamwork. Gumby and Lauren Katzenellenbogen continued their winning streak by claiming the top spot and Championship title in the 1.20m Jr/Am Jumpers, demonstrating remarkable consistency and talent.



Mayfield, under the guidance of Stella Saunders, secured the 1st place in the Low Child hunters division, showcasing both rider and pony's expertise.



Vigo's Boy and Lane Clarke's outstanding performance saw them clinching 1st and 2nd positions and earning the coveted Champion titles in both the 1.20m and 1.30m jumpers, displaying an incredible level of excellence.



Clavius, ridden by Destiny Stewart, delivered a stellar performance by securing 1st place in the Children's jumpers and a remarkable 2nd place in the NAL Children's Championship, highlighting the skill and determination of this dynamic duo.



Venom, guided by Lane Clarke, showcased exceptional talent by securing 2nd place in the \$50,000 Grand Prix and a notable 3rd place in the \$25,000 Grand Prix, further solidifying their place among the elite.

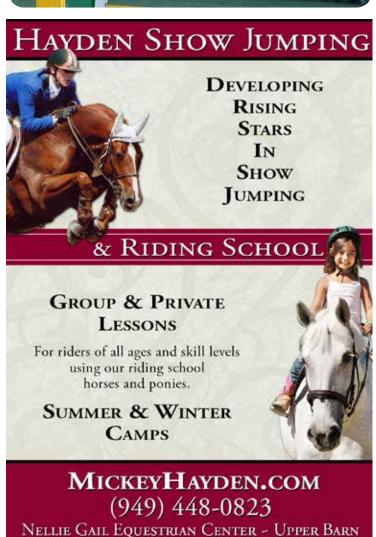
Last but not least, we celebrate the outstanding achievements of Hope and Lily Zimmer, who secured the 1st place and reserve champion accolades in the .70m Jumpers, displaying their incredible potential.

Our heartfelt congratulations go out to all the participants, winners, and their dedicated support teams. Your commitment to the equestrian sport is truly commendable, and we look forward to witnessing your continued success in the future.

Additionally, we extend our congratulations to Whitney Feng and Dakar for their remarkable performance, securing 1st place in the 1.30m Jr/Am jumpers and earning the well-deserved title of reserve champion.







EQUESTRIAN CENTER NEWS

US DRESSAGE FEDERATION REGIONAL CHAMPIONSHIP RESULTS

At the end of September Cassie and Halli traveled to the Murrieta Equestrian Center near Sacramento, CA to compete for the Grand Prix Open Champion title at the US Dressage Federation Regional Championships. The trip was worth the effort, as the pair placed in the top five at this prestigious competition. The pair went through a series of qualifying shows in Flintridge, San Juan Capistrano, and Santa Barbara in order to be able to compete at this year's championship event.

Cassie and Halli won every grand prix competition they entered and had high hopes going into the Finals, however the long travel took a little bit of energy out of their usual routine. Despite not finishing in the top spot at championships, their results throughout the year have earned Cassie and Halli the ability to represent the United States in upcoming international dressage competitions at the Desert International Horse Park in 2023/2024. They are proud to call the Nellie Gail Ranch Equestrian Center home.



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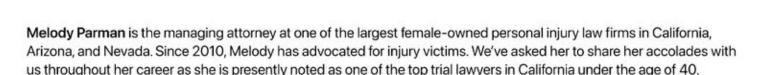
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National Academy of Personal Injury Attorneys Top 10 under 40.

2016 Awards: Super Lawyers Rising Star.

Top Woman Attorneys in Southern California.

2017 Awards: National Woman Trial Lawyers top 25 Woman Trial Attorneys- California.

Super Lawyers Rising Star.

2018 Awards: Southern California Rising Stars.

National Trial Lawyers Top 100 Trial Attorneys.

Super Lawyers Rising Star.

2019 Awards: National Trial Lawyers Top 100 Trial Attorneys.

Super Lawyers Rising Star.

2020 Awards: America's Most Honored Lawyers.

Super Lawyer Rising Star.

2021 Awards: National Trial Lawyers Top 100 Trial Attorneys.

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PRINCIPLE

TENNIS CENTER NEWS

Nellie Gail Ranch

TENNIS & PICKLEBALL



JUNIOR TEAM TENNIS

We have submitted 6 teams over all age groups to the USAT Junior Team Tennis League this Season. If you are interested in participating please contact

(949) 395-5297

FOLLOW US

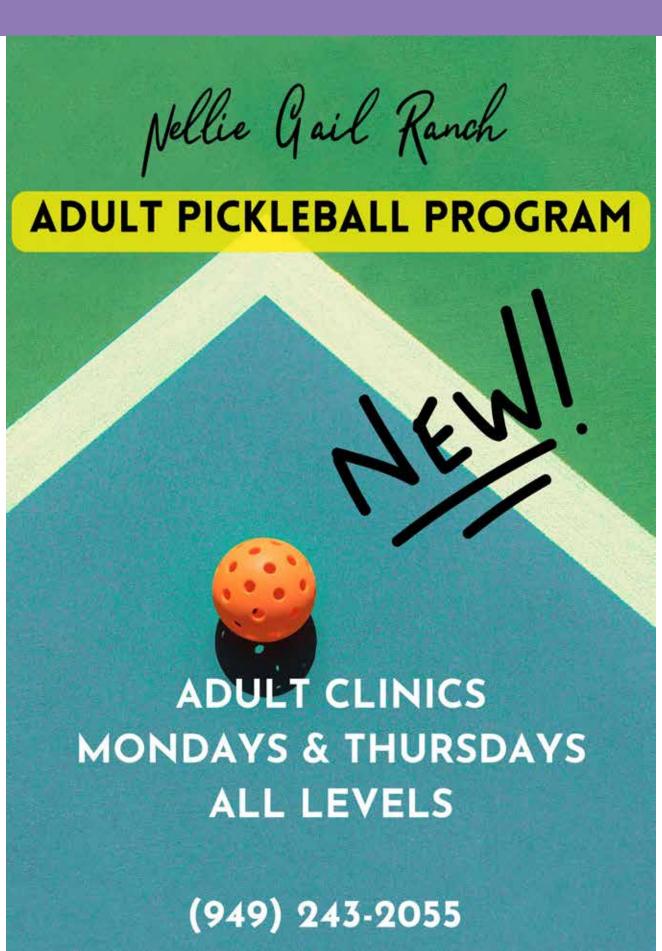




ADULT TENNIS

We have 8 PACSun and 2 Hill & Canyon Ladies Leage Teams this Season. If you are interested in playing League please contact reception.





YEAR-TO-DATE FEATURED SALES



25751 PRAIRESTONE SOLD | \$2,925,000 | REPRESENTED BUYER



27055 HIDDEN TRAIL
SOLD | \$2,750,000 | REPRESENTED SELLER



27361 WESTRIDGEJUST SOLD | \$2,110,000 | REPRESENTED SELLER

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26152 SPUR BRANCH SOLD | \$2,080,000 | REPRESENTED SELLER



27681 GOLD DUST
SOLD | \$2,850,000 | REPRESENTED SELLER



25486 RODEO CIRCLEJUST SOLD | \$3,350,000 | REPRESENTED SELLER



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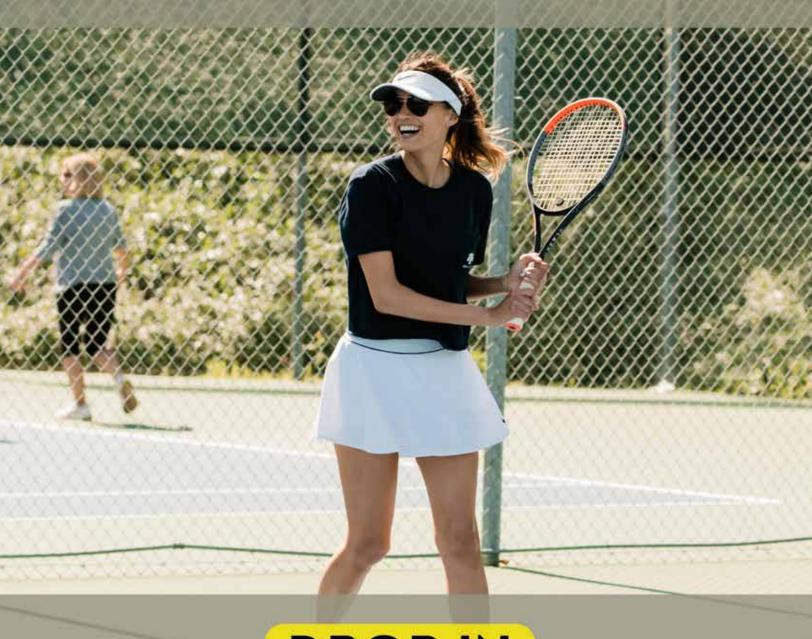
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TATELAMOTT.COM

Nellie Gail Ranch

ADULT LIVE BALL CLINICS



DROP IN

Weekdays: 9am - 10.30am

Weekend: 8.30am - 10am



October 1st - 22nd

Please help WELCOME the 3/5 babies to Our Darkhorse Family by donating needed items for 36 Baby Baskets for our Adopted Marines!

Team Darkhorse is collecting new unused:

- Onesies and Baby clothing, Hats, Booties, Bibs, Socks, Caps
 - Infant Toys and Books
- Baby Toiletries and Diaper Rash Ointment, Powder, Lotion
 - Blankets and Burp Cloths
 - Diapers and Wipes
 - Bottles, Teethers and Pacifiers

Collection Boxes Located at:

Nellie Gail HOA Office BigBad Wolfe Ironworks

Laura Dickson (laurajdickson@yahoo.com) 25811 La Serra



MOULTON MUSEUM IS HONORED TO OPEN THE

"NELLIE GAIL MOULTON'S WORLD TRAVEL PHOTOGRAPY" EXHIBIT

October 1, 2023 - The exhibit "Nellie Gail Moulton's World Travel Photography" opens on October 26th at Moulton Museum.

Moulton Museum is honored to recognize Nellie Gail Moulton and her international perspectives acclimated by decades of world travel. Nellie visited six out of the seven continents and over thirty countries throughout her ninety-three years of life. Nellie shared in her memoir, "I have touched just briefly on the history of my travels, leaving out a great deal - what I have forgotten is all to be seen in vivid and minute portrayal in my extensive file of slide films. My next trip is yet to be."

Nellie Gail Moulton's World Travel Photography is a retrospective of her experiences which took place from 1908-1960. The exhibit begins with a voyage on December 1st, 1908. Lewis and Nellie Gail Moulton set sail on the "S.S. Mongolia" at precisely 1:00 p.m. from California to their honeymoon destination. Hawai'i.

As time progresses, the images shift from monochromatic to suddenly a saturation of hues from the Kodachrome slides on display. Nellie made annotations and meticulously added stars to her favorite slide images. Many of the photographs are paired with anecdotes from Nellie Gail Moulton memoir and flight journals. Included in this exhibit are ephemeral that Nellie acquired along her travels such as menus from the ships, postcards, and a travel scrapbook from Japan. This is the first exhibit of Nellie Gail Moulton photography. She was part of the California Camera Club. It is through the lens that the viewer is taken on a journey not only to the past, but also to be able to see what Nellie saw, to experience an itinerary that cannot be duplicated in the present day. This exhibit opens as part of our series for National Arts & Humanities Month for October.



Lewis Fenno Moulton and Nellie Gail Moulton playing shuffleboard onboard the "S.S. Mongolia" in 1908 on their honeymoon to Hawaii.

ABOUT THE MOULTON MUSEUM

Moulton Museum, a 501(c)(3) non-profit organization, works to keep the history of Orange County and its ranching era alive. In 1874, twenty-year old Bostonian, Lewis Fenno Moulton, learned to run a ranching operation by working at Rancho San Joaquin (today known as Irvine Ranch). Over the next twenty years, Moulton leased and purchased 21,723 acres, which later became the Moulton Ranch. Today, the land comprises much of Laguna Niguel, Laguna Woods, Laguna Hills, Laguna Beach, Dana Point, and Aliso Viejo. Moulton Museum honors the pioneer spirit. Its core values are reflected in its archives, exhibits, educational programs, and partnerships. For more information on current and upcoming exhibits, visit www.moultonmuseum.org or follow us on Facebook and Instagram @moultonmuseum.



Carve or decorate your pumpkin as you wish and drop off at the Association Clubhouse **anytime** on

Saturday, October 28

Judging will take place throughout Sunday until Monday at noon.

(Pumpkins can be taken home on Monday, Oct 30th after 12pm)

EVERYONE CAN JUDGE!

AGE CATEGORIES



8-12 yrs old

13-15 yrs old

16+ yrs old



For questions or details, email maryg@nelliegailranch.org

EMERGENCY PREPAREDNESS

EARTHQUAKE KIT: BEING PREPARED AT WORK AND IN THE CAR

By Dr. Kenneth S. Cheng

Much of our time is spent at work, or in our vehicles. We should consider how we prepare for emergencies when we're on the road or at work. In the May 2023 issue of the Pony Express, we wrote on the importance of preparing your home for an earthquake or other disaster. For some of us however, nearly one half of our 24-hour day could be spent at work or in the car so it makes sense to prepare for these possibilities as well. This month, we will address the need for your personal work and car earthquake/disaster kit. In addition, we will help you prepare your vehicle to "grab and go," when you must leave your home for safer ground.

Preparing at work. Although our work situations are all very different, what is common is the need to be safe during the disaster and the need to safely evacuate after the disaster. Recall from a previous article that most earthquake-related injuries occur when one tries to evacuate a building during an earthquake. These injuries most commonly occurs from falling glass or building facades while exiting a building, cuts from broken glass while running down hallways and corridors, and from falling file cabinets or other heavy objects. Most important during an earthquake is to Drop down to the ground, Cover by getting under or next to sturdy desk or table, and Hold On or brace yourself to the table or desk during the shaking. After the shaking has stopped, you can then grab your work earthquake kit (see below) and evacuate the building.

The work earthquake kit is a personal "survival" kit designed to provide you with support items to help you self-evacuate your workplace and to get you to safety, be it home or another shelter. It will also provide you with support items if waiting for rescuers. In developing this kit, take into account your personal work environment. For example, if you work in a high-rise building, the comfortable shoes and flashlight are must for going down dark stairwells. If you work in a glass building, you may



need the automotive glass breaker to break the safety glass. Food and water in any situation could help you survive beyond 3 days.

Your work earthquake kit should be easily portable; an old backpack would be ideal to store the items in your kit. These items should include:

- · Comfortable walking shoes
- Extra car keys
- 2-3 bottles of water

- · Snack items (granola bars, energy bars, etc.)
- Leather gloves
- Whistle
- Dust mask
- Tissue
- · Small first aid kit
- Flashlight or light stick
- Extra batteries
- · Swiss Army style knife cash in small bills and quarters for phone calls
- Automotive glass breaker

Store this kit under your desk or other location where you spend the majority of your time. This makes it easy to grab and carry should you need to walk any significant distance.

Preparing your car. Because much of our time could be spent in a car, we should also have a car earthquake kit as well. Your car kit should contain the following:

- Duct tape
- Signaling mirror
- Safety flares
- Jumper cables
- · Can of aerosol "flat tire fix"
- Map of the local area
- Portable battery-operated or hand-crank radio
- Extra car and house keys
- Extra car phone charger
- · Comfortable walking shoes in the event walking is your only mode of transportation
- · Change of clothes
- 4-5 bottles of water
- Snack items for two to three people
- Leather gloves
- Flashlight
- Extra batteries
- Liaht sticks
- Whistle
- Toilet tissue
- Small first aid kit
- Space blanket
- · Multi-purpose, Leatherman tool

- Matches
- · Cash in small bills
- Small (folding) shovel to help get tires unstuck
- Permanent marker, pencil and paper to write notes

Although some of the items are similar between the work kit and car kit, you should have these as two separate and distinct kits since we may not be at work when the earthquake strikes. In addition, it is recommended that you make it a habit to never let your gas tank fall below 1/3 to 1/2 a tank as a regional disaster will likely make access to fuel severely limited. The 1/3 to 1/2 tank should be able to provide you with enough gas to leave the immediate area or to get you home. Lastly, you should have a pre-disaster plan with the expected route you will take to get home, who will get the kids at school, what route to take to schools, and alternate routes (walking or driving) when overpasses or bridges are impassable (part of your preparation should be to look for routes where travel under an overpass or on the overpass is minimized.) If you leave your car, you should also place a note on the dashboard with the date, time and your anticipated route of travel.

Preparing to "Grab and Go." After a significant disaster, you may decide that it is best to leave your home and seek shelter or assistance outside of the local area. There are many variables that come into play in making this decision, too many to list in this article but a possible topic to a future article. For the purposes of this article, the assumption is that this decision to leave has been made, but that there is also the understanding that the roads and highways will likely be gridlocked and that fuel will be scarce or non-existent. We only need to look at our nations natural disasters, such as the recent tornados of Oklahoma, Hurricane Sandy and Hurricane Katrina, to see the massive gridlock on the highways leaving these areas.

Why would we expect gridlock? When a significant earthquake strikes Southern California, epicenter (and area of most damage) will likely be the San Andreas Fault in the Inland Empire, making 30 \mid The Pony Express

EMERGENCY PREPAREDNESS



travel in an eastward direction extremely unlikely and probably impassable. In addition, with the more densely populated Los Angeles Metropolitan area to our north and northwest, travel in these directions is unwise. This leaves our best direction of travel being to the south towards San Diego. Unfortunately, with only one artery to San Diego, we will likely be in extremely slow-moving traffic.

Despite the fears of traffic gridlock, if you have decided to leave the local area, you will need to properly prepare you, your family and your vehicle. In addition to your Car Earthquake Kit, you will also want to have a "grab and go" bag (or backpack). This includes:

- · Additional cash in small bills
- Regional maps
- · Sufficient water for each family member for 2-4 days
- sufficient food for each family member for 2-4 days
- emergency contact information
- all home documents from your home earthquake kit
- extra fuel, if available

These items for your "grab and go" bag can be left in your home earthquake kit for easy accessibility. The above kits can be assembled relatively easily and with minimal effort. The importance of these kits, however, cannot be understated. Similar kits can also be purchased ready-made at www.2BeReady. com 2BeReady is a local company that is one of the preferred vendors for the Nellie Gail Emergency Preparedness Committee.

This information on your work and car earthquake kit is provided to you so that you have a basic understanding of your potential needs during a disaster. Although the above kits provide the basic supplies needed, your kits will vary based on where you live, work and normal commute times. Most important is to be prepared because "by failing to prepare, you are preparing to fail" (Benjamin Franklin).

Dr. Kenneth Cheng is a 22 year resident of Nellie Gail Ranch and a 11 year member of the Emergency Preparedness Committee. In addition to being a family physician, he is also a SWAT tactical physician, American Heart Association First Aid and Basic Life Support Instructor and a tactical medicine instructor having taught over 1000 first responders on these subjects.



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Are you interested in being involved as a contributing sponsor at a future Nellie Gail Ranch Owners Association event?

We have upcoming opportunities for you to promote your brand to our thousands of residents and their non-resident guests at our many community events.

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If you are dedicated to investing in the community, supporting our Owners Association, and believe the audience at NGROA aligns with your best business interests and core values, please contact us at (949)425-1477 and we can send you the forms to get you involved, or email:

Mary Gonzales - maryg@nelliegailranch.org
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We understand that your sponsorship is an investment and offer you the following value*:

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- Prominent banner display at event

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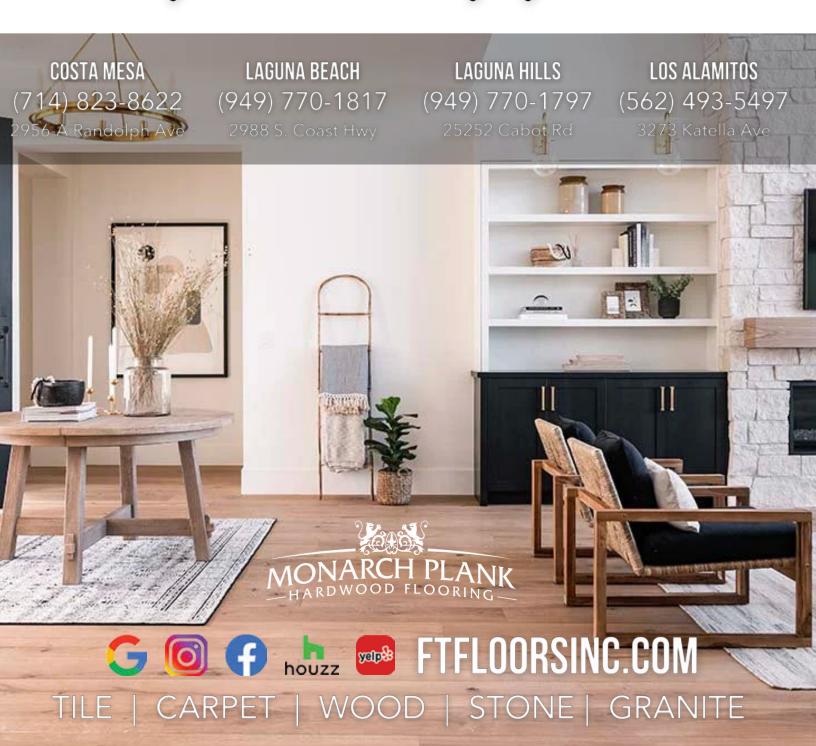
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TWO FOR THE SHOW was formed by seasoned musicians Mark Galluzzo and Dale Erkel (both long-time NGR residents) in 2018 with the goal of providing a unique musical experience that features a wide variety of timeless pop and rock classics appealing to audiences of all ages. Their recent performance at the NGR Club House/Emergency Preparedness Center Grand Opening was enjoyed by all who attended. If you're planning a private party or event TWO FOR THE SHOW will entertain with a customized playlist – from soft rock to popular dance songs. Check out our YouTube channel at "Two For The Show Orange County" to see promo samples along with a variety of full recordings of songs we cover. For more info, contact us at 949.643.0949 (no texts) or twofortheshowsocal@gmail.com.

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Learn the music you love. Popular, Classical, Jazz and Blues, Musicals such as Le Miserable, the Phantom Of The Opera, and Movie Themes. Children and Adults welcome. I teach many retires who didn't have the time to learn when they were busy with careers and family. I have two college degrees. One is in music and the other is in child psychology. I also took five years of piano pedagogy from a private instructor after graduating from college. I've been teaching 25 years. My website is www.thekeyboardlady. com My email is marshyvonne13@gmail.com Phone # is 949 637 8208.

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Professional pet/house sitting, dog walking, pet taxi and

related services in South Orange County. While you're away, purrfect care for your companions and home! Contact Vickie Reyes, caregiver, (949) 525-1670 or email vic@caringfurangels.com to set up your complementary meet and greet. Licensed, bonded, insured, along with pet CPR and first aid certified. Visit www.caringfurangels.com for info.

PET SITTING

Looking for a local resident in Nellie Gail, who does House/Pet sitting. We need someone who is loving, reliable, flexible and has availability. We have an active life style and unexpected travel dates. We would appreciate someone who is able to stay home with our furbabies from time to time, and can also be flexible enough for a quick visit. Please give us a call at 805-714-6153.

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Looking for a neighborhood babysitter? With 5+ years of experience taking care of kids of all ages, Alexa is more than capable. LHHS high school student, Nellie Gail resident. Give her a call at 949-304-9202.

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Contact Michelle Hudgins at 949-874-4466 for Beauty counter consulting. Visit https://www.beautycounter.com/michellehudgins to see Clean and Vegan products that make you look and feel great.

HAPPY HOUR MIXER FOR ILLUMINATION FOUNDATION

Thursday, August 4th, 5:30-7:30 We invite you to learn about Illumination Foundation and the different opportunities to get involved with this organization. Dear neighbors, please join me for a glass of wine and appetizers to learn about how a local non-profit, Illumination Foundation, is integrating housing and healthcare solutions in Southern California. Our hope is to bring together like-minded community members that are interested in supporting this mission to disrupt the cycle of homelessness. Stop by to learn more, get involved, or just enjoy a glass of wine with neighbors! Please RSVP to Anna at amurphyduehring@ifhomeless.org.

JOIN THE GLEAM TEAM,

A dynamic group of passionate and amazing individuals dedicated to supporting Illumination Foundation. The Gleam Team works with Illumination Foundation by volunteering and assisting with year-round events that make an immediate impact upon those we serve. We meet once a month in the evening between now and March. If you are interested in joining us please email Anna Murphy-Duehring (a Nellie Gail resident) at amurphyduehring@ifhomeless.org. We welcome all! For more information on Illumination Foundation please visit the website: ifhomeless.org.

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DOG WALKING

Are you looking for a Nellie Gail resident who is loving, trustworthy, reliable, flexible, and responsible to walk your dog? Well, you found the right person! My name is April, and I would love to help you! Please call me at 949-310-4996 for a meet and greet! Thank you!

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MINI F1B BERNEDOODLE PUPPY FOR THE HOLIDAYS.

FAITH had 8 puppies Aug 26, and they will be ready for their new homes in November. I am happy to hold your puppy until Christmas if needed. Puppies will be completely hypoallergenic and not shed. They will weigh ~35 lbs. when they have grown and will have the perfect balance of mellow and athletic. You may now meet the puppies right here in Nellie Gail. See reviews on Google. You can reserve your pick of the litter today at BernedoodlesByFaith.com. Please call if you have any questions 925-389-6363.

GOLDEN RETRIEVER PUPPY FOR SALE.

AKC Champion dog and is a female and born May 19, 2023. The sister has been adopted by a Nellie Gail homeowner, and the Breeder would like to keep the sister dogs together. Paperwork is available. If interested please call Floyd at 562-884-4566. The puppy is a kind and gentledog.

PRECOR EFX546 ELLIPTICAL

In great condition, recently fully serviced to maintain top condition. Heavy-duty machine. Has 8 programs and 20 resistance levels. Takes up minimal floor space. Specs: cross ramp 13-40 degrees (adjustable) dimensions: 80"x 30x 62 inches \$425. obo 949-716-5150

HEALTH

CROSS TRAIN FOR TOTAL BODY WELLNESS

Cross train in your home at your convenience. Get in shape, inspired, encouraged and enjoy it!! Combo ballet barre (no experience needed), Pilates and stretch. Tone, lengthen and improve flexibility. Call or text Debra at 949-350-5411, email mcm623@cox.net or follow @debra.dance on Instagram.

NUTRITIONIST & PERSONAL TRAINER

Master your mind and body in the comfort of your own home. Functional weight training geared towards helping individuals achieve weight loss/muscle gain. Contact for more information! Iden Shahir at (949)633-5410 www. livefitwithiden.com Instagram: @livefitwithiden

SWIMMING LESSONS

Its never to early or late to learn how to swim or just to improve your skills. CPR and first aid certified, 2+ years of coaching experience and 12+ years of swim team and competitive water polo experience. Text or call Donnie at 949-771-4044.

KURE IT WOMEN'S GUILD

Funding Cancer Research and Saving Lives! When thinking of supporting a non-profit organization, most struggle with how to get started and who to support. The KURE IT WOMEN'S GUILD is a group (or "Hive") of like-minded, philanthropic ladies tackling one of life's most pressing issues . . . finding a cure for cancer. We support Kure It, an Orange County-based non-profit, which grants "seed money" to Comprehensive Cancer Centers for cutting-edge research. Kure It relies on the Women's Guild for fundraising, outreach, awareness, and setting the perfect environment to collaborate. We host several activities throughout the year, such as a succulent arrangement design

39 | The Pony Express

class, charcuterie workshops, wine tasting, coffee pour-over lessons with a professional coffee roaster, and intimate meet and greet events. Cancer has touched the lives of many; the Kure It Women's Guild is creating fun opportunities to build new relationships, enjoy time together, and fund cancer research. For more information, please contact Women's Guild president, Kerri Hatfield at kckhatfield@gmail.com

GET FITT WITH BRITT

Come train with me at my private home gym right here in NGR. Certified personal trainer, corrective exercise specialist, nutrition coach and NGR resident. I will help you set and keep your health goals, while making it fun! All fitness levels, teens and adults, welcome. 11 personal training, small group training sessions, and strength cross training for youth athletes, all provided in private gym. Call, text or email to set up a free initial consultation: 949-257-2123 or hello@fittwithbritt.com website: www.fittwithbritt.com

PRIVATE YOGA LESSONS

Looking to expand your knowledge in yoga and would love to learn some yogic breathing techniques? I can help! With a 200hr Yoga Teacher Training certificate & 10+ years of experience I can help guide you through your yoga journey. After all, it's a lifestyle! \$80 per person for an hour long session. Contact me for more information! Brittney Trujillo at 714.234.7627

PRIVATE SPEECH-LANGUAGE THERAPY

Speech-language therapy without the hassle and waitlist. At Speakeasy Speech Therapy, we specialize in improving receptive-expressive language, speech production (articulation), fluency, and cognitive skills in the comfort of your own home or at our clinic located off of Crown Valley Parkway. Contact us at (949) 287-8385 or rachel@speakeasy-speech.com.

RENTALS

CARIBBEAN ISLAND VACATION RENTALS

On the beautiful Island of Roatan we have two incredible properties. Roatan is very safe, English speaking, easy to get to (approximately 6 hours of flight time and you can fly directly into Roatan). Flights range from \$475 to \$850 round trip. The water is turquoise crystal clear and warm all year round. The scuba diving and snorkeling is first class. The two properties are 15 and 30 minutes from the airport. One property is a 3 bedroom, 3 bath, two story, 2500 square foot Villa right on the sand located on the BEST beach on the Island, West Bay Beach. It sleeps 8 comfortably. The second property is a beautiful 3 bedroom, 3 bath Casa (sleeps 6) with a Casita (large studio apartment that sleeps 2), pool and 400 foot dock on 1.5 acres of green lush landscape. It is not right on the water but you can see the water and it is only a 3 minute walk to our 400 foot two story dock that you can swim, snorkel, scuba, fish or just sit and watch the sunsets. You can rent one or both, Casa or Casita, depending on your group size. Please check out our website at www.roatanislandvacationrentals.com for more information, pictures, and pricing or call Debbie at 714-801-4257. Discount given to our Nellie Gail neighbors.

MISCELLANEOUS

HOST FAMILY - FOREIGN EXCHANGE STUDENT

Open your heart and home to a French, Italian or Spanish exchange student this summer for just 3 weeks. Dear neighbors of Nellie Gail Ranch. We are looking for short-term Host Families from June 25th to July 16th and from July 17th till August the 7th. We have students from 13 to 17 years old, they are carefully screened and selected based on their motivation, maturity, and passion to learn about American culture, they come with their own pocket money for personal expenses and medical and liability insurance. By hosting a student, you will fulfill a young kid dream of coming to the USA and show the best of our culture with them. Stipend is available! Will this be the summer you host an exchange student? Contact me at alex@oui-connect.com 415-395-6160.

HOUSE / PET SITTING

Looking for a local resident in Nellie Gail, who does House/Pet sitting. We need someone who is loving, reliable, flexible and has availability. We have an active life style and unexpected travel dates. We would appreciate someone who is able to stay home with our furbabies from time to time, and can also be flexible enough for a quick visit. Please give us a call at 808 714-6153. Thank you in advance.

COMPUTER SCIENCE AND PROGRAMMING TUTOR

AP Computer Science and programming tutor available. I got my Bachelor of Science from UC Berkeley in electrical engineering and computer science and I have been working as a software engineer for 6+ years. I am available for inperson and remote tutoring. Please text 949 300 8985 or email occstutoring@gmail.com for more information.

DISCLAIMER: The classified advertisements contained within the Nellie Gail Ranch Pony Express magazine are not endorsed or recommended by the Nellie Gail Ranch Owners Association. NGROA, the Board of Directors, and employees may not be held liable or responsible for business practices, actions, or products of persons who place advertisements in the Classified section.

Welcome to **Nellie Gail Ranch**

New Residents as of 10/01/2023

Joseph & Kasey Reiter Michael & Vanessa Newman

Nellie Gail Garden Group

By Tina Corso

The last meeting of the Nellie Gail Garden group was really a great one. The food everyone bought was just amazing. From banana chocolate cake, whipped cream and fruit, to chocolate chip cookies and a fruit tart. I am just so happy we can all try the sweets. Hubby is even happy to try the leftovers.

And a lychee drink homemade from fresh squeezed fruit. Not to forget basmati rice and pesto cake, everyone wanted that recipe. And Vietnamese pork; perfect with the rice, a really great vegetable salad and a Caprese salad from my garden. I am starting to think we should rename the garden group to Nellie Gail Cooking group.

Since we are at the end of the summer our topic was about what to plant now in our gardens. Most of us mentioned peppers, cabbage family and carrots can grow now. Even tomatoes are still growing from late spring. I also grow green onions all year long.

The main part of our meeting though was how to prune our fruit trees. The key is actually looking up each tree's requirements. They are all different. I told the group we were going to prune my Loquat now so I could give each person a plant to take home and grow. It was getting way too tall so the entire top was getting cut in half.

First thing we did was clean our tools with alcohol to ensure we don't bring any kind of disease or bacteria to the freshly cut wood. And next I showed the girls how to sharpen our tools.

The branch of the tree was thicker and taller than I first thought so I had to bring out my ratcheting lopper that can cut over 4 inches in diameter. Up the ladder I went and we were able to cut it nice and clean. Next thing we did was break up all the cuttings and show the girls how to root the loquat. The key is to take off all but three leaves and then take some of the hard bark off to expose the cambium cell layer on two sides of the branch.

Next we dip it into rooting hormone and put it into a good quality soil rich in nutrients. And water a tiny bit each day. We should grow roots in a month or two. Make sure it's in a pot with good draining soil, we don't want it too wet or we will have root rot. I use a mixture of citrus and avocado soil or mulching soil and my worm compost. You can also add some all purpose sand so you have adequate drainage. Full sun to partial shade will do the trick.

This cultiver was the Golden Nugget Loquat. We will leave the rest of the tree alone no need to prune more as it will need to heal from that drastic cut. What we want to achieve is more branching out called heading and not so tall that we just have a stick for a tree. So thinning this tree more is not required.

What you want when pruning a tree is that sunlight is able to reach the branches of your fruit. I told the group if you can see through your tree then you have pruned it correctly. You want to remove all the dead small branches first with your smaller looper or pruning shears. Close to the trunk or crown of the branch. We are thinning the tree first. We are taking out all the very small branches that cross over and interfere with the larger branches as well.

Next we are looking at the tree as in the case of my apricot tree it produces fruit on second year old wood so we don't want to take out old growth but we must leave new growth where the fruit likes to hide in the middle of the tree. The canopy and new growth act to hide the fruit from the birds. So we must be careful how we prune it just gently, it doesn't need much.

Pruning is essential for so many trees and we all can do a better job of it. I myself really need to go through all the trees every year and prune. Fig trees need a fifty percent haircut either in late fall or very early spring. They only produce fruit on new growth. So if you wonder why your fig has no fruit it's because you did not prune it back. So read up on your trees if you are having problems pruning could be what it needs.

41 | The Pony Express



Another topic we talked about is diversification and I said to the group if you don't have enough of it you can have years of no fruit. This year has been really hard on our sub-tropical and tropical fruit trees. We just had a very long and cold Spring. So the guavas are now just starting to bud, the cherimoya might not grow, the bananas are sparse and the sapote too. The figs are also not as great as usual.

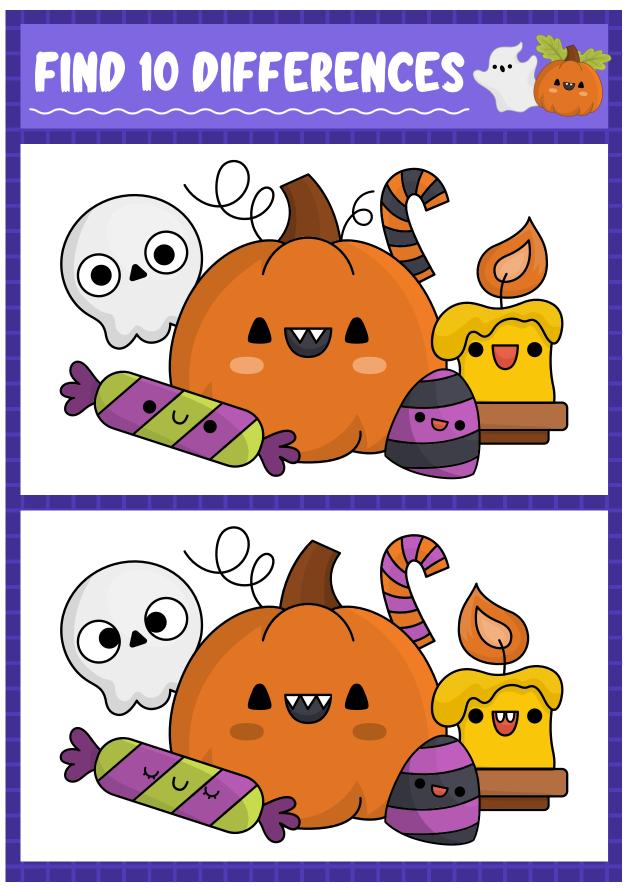
But the Asian Pear is loaded, the Blenheim apricot had so many my freezer is stuffed with them. The Anna apple was great along with the Loquat.

You just don't know what kind of Spring we will have. So being diversified improves our odds that we will have some fruit on our trees. I suggest if you have time check out all the UCI info on trees ----Our universities all have information on what we can grow where in SCAL and what types of insects to watch out for.

https://www.youtube.com/watch?v=wuTWS1vO4uA https://www.youtube.com/watch?v=dzTaFgaJPg8

TLC8386@gmail.com is our email address if you have a question or would like to join our garden club.

THE PUZZLE PADDOCK



RANCH RECIPE



HALLOWEEN DEVILED EGGS

INGREDIENTS:

- **1.** CUT EGGS IN HALF LENGTHWISE AND REMOVE YOLKS. MASH YOLKS.
- **2.** MIX IN MAYONNAISE, MUSTARD, SALT, AND PEPPER WITH MASHED YOLKS.
- 3. FILL EGG HALVES WITH THE YOLK MIXTURE.
- 4. CUT A WHOLE OLIVE IN HALF.
- 5. PLACE ONE OLIVE HALF FOR THE SPIDER'S BODY.
- **6.** THINLY SLICE THE REMAINING OLIVE HALF FOR THE SPIDER'S LEGS. ADD FOUR LEGS TO EACH SIDE.

PREPARATION:

- 1. 12 BLACK OLIVES
- 2. 6 HARD-BOILED EGGS, HALVED
- **3.** 3 TABLESPOONS MAYONNAISE
- **4.** 1/2 TEASPOON GROUND MUSTARD
- 5. 1/8 TEASPOON SALT
- 6. 1/8 TEASPOON PEPPER

October 2023

			THE RESERVE	Selvinas III. III.	HIM CO.	CATHOLIC CO.	
S	unday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6	7
	8	9	ARC Meeting at 6:00pm (a) The Association Clubhouse	11	12	13	14
	15	16	Board Meeting 7:30pm @ Clubhouse	18	19	20	21
	22	23	24	25	26	27	Pumpkin Carving Contest Deadline
11a	lorse -O- Ween m-1pm a uestrian tenter	30	Happy Halloween	ARC Submittal Deadline for November 14th Meeting			



HIGHER STANDARDS | BETTER RESULTS

WE ARE NOT JUST YOUR NELLIE GAIL AREA SPECIALISTS...

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4-BR | 3-BA | APPROX. 3,000 SF LISTED FOR \$2,200,000



31387 E NINE DRIVE #66G LAGUNA NIGUEL

3-BR | 2-BA | APPROX. 1,235 SF Listed for \$880,000



27 ALICANTE ALISO VIEJO

2-BR | 2.5-BA | APPROX. 1,338 SF LISTED FOR \$849,000



28632 SILVERTON DRIVE LAGUNA NIGUEL

4-BR | 3.5-BA | APPROX. 3,323 SF FOR LEASE AT \$6,350 PER MONTH

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BRAD FELDMAN

Partner | 949.678.5198 Brad.Feldman@elliman.com DRE#: 01437125

JACCI PEARCE

Partner | 949.529.6924 Jacci.Pearce@elliman.com DRE#: 01910578

TRENT MASON

Partner | 949.322.6977 Trent.Mason@elliman.com DRE#: 02018104





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