

Earthquake/Disaster Supplies

Water (14 days minimum, 30 days preferred)

- _Water (one gallon per person per day)
- _Water purification tablets

Food (14 days minimum, 30 days preferred)

- _Non-perishable food (canned, dried, ready to eat, etc.)
- _Special needs food (infant, elderly, diabetic, etc.)
- _Comfort foods (candy, instant coffee, tea bags, etc.)

Food Preparation

- _Salt/Pepper/Sugar
- _Pam or other cooking spray
- _Pots and pans
- _Cooking utensils
- _Manual can opener
- _Forks/Spoons/Knives
- _Plastic or paper plates/bowls
- _Aluminum foil
- _Zip-Lock bags, various sizes
- _Dishwashing soap
- _Sterno, camp or butane stove top, or propane BBQ
- _fire extinguisher

Shelter

- _Tent or Large Tarp
- _Blankets or Sleeping bags
- _extra clothing and shoes, rain gear
- _50' of rope/clothes line

Sanitation/Toiletries

- _toilet paper
- _personal hygiene items
- _soap and shampoo
- _toothbrush and paste
- _plastic bags (garden and kitchen size)
- _5 gallon bucket and lid (2)
- _unscented chlorine bleach and medicine dropper
- _paper towels

Pets

- _pet food and extra water
- _extra collars and leashes
- _pet medications
- _favorite toy

Medications and First Aid

- _prescription medications (one month minimum)
- _antacids
- _anti-diarrheal medications
- _laxatives
- _antihistamines
- _other over the counter medications routinely used
- _latex gloves
- _bandages (various sizes)
- _elastic (Ace) bandages
- _gauze (various sizes)
- _antibacterial ointments
- _medical tape
- _tweezers and magnifying glass
- _moist towelettes
- _safety pins
- _prescription eyeglasses

Important Documents (stored in a Zip-Lock bag)

- _cash in small bills
- _copies of insurance policies (home, auto, life, etc.)
- _copies of medical and pharmacy insurance cards
- _copies of drivers license, passports, birth certificates
- _copies of bank statements and account numbers
- _list of medications and dosages (and pharmacy Rx#)
- _list of emergency contacts, doctors, attorneys, etc.
- _extra car and house keys

Miscellaneous

- _duct tape
- _long burning candles
- _matches in waterproof container
- _leather/work gloves
- _dust masks
- _local map(s)
- _books, playing cards and games
- _battery operated radio
- _flashlights
- _extra batteries (various sizes)
- _whistle
- _paper and pencil
- _sewing kit
- _multipurpose "Leatherman" tool
- _gas and water shut off tool