

# Earthquake/Disaster Supplies

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## Water (14 days minimum, 30 days preferred)

- \_Water (one gallon per person per day)
- \_Water purification tablets

## Food (14 days minimum, 30 days preferred)

- \_Non-perishable food (canned, dried, ready to eat, etc.)
- \_Special needs food (infant, elderly, diabetic, etc.)
- \_Comfort foods (candy, instant coffee, tea bags, etc.)

## Food Preparation

- \_Salt/Pepper/Sugar
- \_Pam or other cooking spray
- \_Pots and pans
- \_Cooking utensils
- \_Manual can opener
- \_Forks/Spoons/Knives
- \_Plastic or paper plates/bowls
- \_Aluminum foil
- \_Zip-Lock bags, various sizes
- \_Dishwashing soap
- \_Sterno, camp or butane stove top, or propane BBQ
- \_fire extinguisher

## Shelter

- \_Tent or Large Tarp
- \_Blankets or Sleeping bags
- \_extra clothing and shoes, rain gear
- \_50' of rope/clothes line

## Sanitation/Toiletries

- \_toilet paper
- \_personal hygiene items
- \_soap and shampoo
- \_toothbrush and paste
- \_plastic bags (garden and kitchen size)
- \_5 gallon bucket and lid (2)
- \_unscented chlorine bleach and medicine dropper
- \_paper towels

## Pets

- \_pet food and extra water
- \_extra collars and leashes
- \_pet medications
- \_favorite toy

## Medications and First Aid

- \_prescription medications (one month minimum)
- \_antacids
- \_anti-diarrheal medications
- \_laxatives
- \_antihistamines
- \_other over the counter medications routinely used
- \_latex gloves
- \_bandages (various sizes)
- \_elastic (Ace) bandages
- \_gauze (various sizes)
- \_antibacterial ointments
- \_medical tape
- \_tweezers and magnifying glass
- \_moist towelettes
- \_safety pins
- \_prescription eyeglasses

## Important Documents (stored in a Zip-Lock bag)

- \_cash in small bills
- \_copies of insurance policies (home, auto, life, etc.)
- \_copies of medical and pharmacy insurance cards
- \_copies of drivers license, passports, birth certificates
- \_copies of bank statements and account numbers
- \_list of medications and dosages (and pharmacy Rx#)
- \_list of emergency contacts, doctors, attorneys, etc.
- \_extra car and house keys

## Miscellaneous

- \_duct tape
- \_long burning candles
- \_matches in waterproof container
- \_leather/work gloves
- \_dust masks
- \_local map(s)
- \_books, playing cards and games
- \_battery operated radio
- \_flashlights
- \_extra batteries (various sizes)
- \_whistle
- \_paper and pencil
- \_sewing kit
- \_multipurpose "Leatherman" tool
- \_gas and water shut off tool